

Lesson - Plan

Session: 2021-22

Class - BA 1st Year ; 2nd Sem.
Subject - Psychology
Paper - Experimental Psychology

1st April to 25th April	Attention: Nature, Characteristics, and Types Psychophysics: Problem of Psychophysics and Methods (Classical)
26th April to 20th May	Learning: Definition, Factors affecting, Trial and Error Learning Insight Learning; Assignment - Ist Classical and Operant Conditioning
21st May to 15th June	Memory: Definition, Stages, STM and LTM Methods to study memory Forgetting: Factors leading to forgetting Pneumonics. Assignment - IInd. Test
16th June to 10th July	Problem Solving: Stages of problem solving Convergent and divergent thinking Statistics: Frequency Distribution, Graphical Presentation of Data, Measures of Central Tendencies
11th July to 19th July	Revision of the syllabus

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Lesson Plan

Session! 2021-22

Class - BA 2nd Year ; 4th Sem

~~Subject~~ - Developmental Psychology

Subject - Psychology

1st April to 25th April	Human Development ; Concept and Principles Human Development Factors : Biological, social and cultural
26th April to 20th May	Prenatal Development, Determinants and Stages Infancy : Characteristics, Hazards and Adjustment. Assignment - I st
21st May to 15th June	Childhood : Characteristics, Perceptual, Motor, Emotional, Cognitive Development Adolescents : characteristics and Problems of Adolescents and Adjustment. Test
16th June to 10th July	Adulthood : Early Adulthood, Late Adulthood Aging - Changing Patterns and Problems Measures of Variability : Quartile Deviation Standard Deviation. Assignment - II nd
11th July to 17th July	Revision of the syllabus

Prepared by
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EVEN

Lesson-Plan

Session- 2021-22

Class - B.A. 3rd Sem. 6th

Subject: Psychology

Paper: Applied Psychology

1 April to 25 April	Applied Psychology: Meaning, history, fields and careers in Psychology. organisational Psychology: Nature, scope, objectives and Development.
26 April to 20 May	Guidance: objectives, Principles, Types of guidance, organisation of guidance-Programme. Counselling: Need Principles, Special Area and Types of Counselling. Test and Assignment
21 May to 15 June	Health Psychology: meaning, scope and objectives, Concept of Health Psychology and illness Psychological factors in Physical illness, life style and health, stress and coping. Report Assignment
16 June to 10 July	Forensic Psychology: Psychology and law, Eyewitness memory, Recovery and Improvement Statistics: Correlation, meaning, Rank Difference and Product moment.
11 July to 14 July	Personality: assessment and fields and career in Psychology

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LESSON-Plan

SESSION - 2021-22

CLASS : MA Eng + M Com ^{2nd} Sem

Subject : OE Paper Psychology

Paper : Understanding Behaviour

1 April to 19 July 2022

01 April
To
30 April
2022

Psychology as a scientific discipline, Nature & Scope, Related disciplines of Psychology, Methods of Psychology: Naturalistic observation, Laboratory observation, Interviews, Case studies, Surveys and Sociometry. Learning : Nature, Theories ; Trial and Error Insight, Classical. (Test)

01 May
To
31 May 2022

Instrumental conditioning, Theory of Learning → Tolman, Memory - Types, Techniques of improving memory: mnemonics, chunking, Personality: Nature, Determinants, Theories: Trait vs Type approach, assessment of Personality, Interview and Psychological Test. (Assignment)

01 June
To
30 June 2022

Intelligence: Nature, Determinants, Theories: Spearman, Thurstone, Gardner. Assessment of intelligence: Individual Test, Group Test, Performance Test, Verbal Test. Psychology Applied to modern life: Stress - Nature, Causes and management, Strategies for coping stress. (Presentation)

01 July
To
19 July

Health: Physical Health and Mental Health: Nature and ways to improve health.
Revision: All Topics

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